

The HANDLE[®]

Approach to Neurodiversity

An Inside -- Out Approach That Makes Sense

~ Tuesdays 6:30-9:30 – Sept. 15, 22 & Oct. 6, 13, 27 & Nov. 3



Are you looking for deeper understanding, new answers, and how YOU can help?

Is someone you know struggling with learning, attention, motor or behavior challenges?

This dynamic workshop helps Parents and Professionals

- ✓ Understand what behaviors can reveal about neurodevelopmental irregularities using the HANDLE paradigm
- ✓ Recognize subtle signs of stress and learn how to use Gentle Enhancement[®] to prevent meltdowns and foster resilience
- ✓ Learn activities that enhance focus, reduce stress, and support learning

Sponsored by: Singing Stones School

2491 San Miguel Dr, Walnut Creek, CA 94596 – Free Parking

Cost: Special Low Price for this Workshop = \$250 (usually \$350)

For more information contact Sindy at sindy@learningandgrowth.com

TO REGISTER: 925-948-5006



About the Instructor: Sindy Wilkinson, LMFT has over 30 years of experience in education, neurodevelopmental therapy and counseling. She is a Certified HANDLE Practitioner/Instructor/Supervisor and the mother of 2 daughters who have benefited greatly from HANDLE. She practices in Walnut Creek and the Los Angeles area.